

Work-Life Resources

FACULTY HIRING

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Learn more about flexible family policies, dual career resources, and area information: <a href="https://www.provost.iastate.edu/faculty-provo



success/faculty-hiring

FITNESS FOR EVERYBODY

Recreation Services offers a way to improve or maintain your fitness. Fitness classes with variable intensities and personal training are offered to ensure that there's something for everyone. Learn more: https://www.recservices.iastate.edu/



PROGRAMS AND ACTIVITIES

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lowa State hosts students for field trips, summer camps, and other enrichment experiences both on and off campus. Learn more: http://www.ispy.iastate.edu/

CHILD AND FAMILY SERVICES

All campus child care programs are accredited by the National Association for the Education of Young Children and have received a level 5 on the lowa Quality Rating System (QRS). Learn more: https://childcare.hr.iastate.edu/child-care-centers

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HEALTH PROGRAMS

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Save money on medical and dependent care (typically child care) expenses. Learn more: https://www.hr.iastate.edu/benefits/insurance/fsa-dcap